



The Arbor Learning Community COVID-19 Plan For Use from February - May 2024

COVID-19

Coronavirus disease 2019 (COVID-19) is an infectious respiratory illness.

SARS-CoV-2, the virus that causes COVID-19, is spread mainly from person-to-person contact between people who are in close contact with one another primarily through aerosols (airborne transmission), and less frequently by droplets, when an infected person coughs, sneezes, exhales, or talks; although less common, it may also be spread when a person touches a contaminated object and then touches their eyes, nose, or mouth. It may be spread by people who are not showing symptoms. Since particles containing the virus can travel more than six feet, especially indoors, physical distancing, face coverings, increased ventilation indoors, and respiratory protection can all decrease the spread of COVID-19, but are most effective when used in combination.

KEY PREVENTION PRACTICES

The Arbor will follow these key prevention practices: use of face coverings, regular cleaning and disinfection, frequent hand washing, and improved ventilation.

Please note that this guidance may be subject to change based upon updates in local and state guidance, in addition to requirements from the charters for whom we are a vendor.

Face Coverings

In accordance with the Isolation & Quarantine Guidance below, individuals may be required to wear masks on campus in instances of exposure to a person diagnosed with COVID-19.

Cleaning and Disinfecting

Classrooms and high use surfaces, including lunch tables will be cleaned routinely with EPA COVID-19 approved disinfectants.

Frequent Handwashing and/or Sanitizing

Arbor students, staff, and volunteers should wash hands with soap and warm water often, for a minimum of 20 seconds; should avoid contact with eyes, nose, and mouth; and should cover coughs and sneezes. Students will be encouraged to wash hands after using the bathroom and before and after break and lunch, and additional sinks will be available. Hand sanitizer (at least 60% ethanol or 70% isopropanol) will be available in each classroom and in stations around the campus. When hands are visibly dirty, soap and water is recommended over hand sanitizer.

Ventilation

Ventilation will be optimized per CDPH guidance, including the opening of windows in indoor classrooms as much as possible and the use of in-room (portable) air cleaners in all indoor classrooms.

COVID-19 SYMPTOM SCREENING, PROTOCOLS FOR ISOLATION, QUARANTINE, AND RETURNING TO CLASS

Students, staff, volunteers, and visitors may not come to The Arbor if any of the following apply:

- The student, staff member, volunteer, or visitor is feeling ill
- The student, staff member, volunteer, or visitor has symptoms consistent with COVID-19 (See below)

Self-Screening for Symptoms of COVID-19 or Other Illness

Before leaving home in the morning, all Arbor parents and guardians must screen their students for the symptoms of COVID-19 listed below; staff and volunteers are required to self-screen; visitors to campus (including family members and guardians) must self-screen or be screened by a parent or guardian.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting or diarrhea

Individuals should seek emergency medical attention if symptoms become severe, including trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face. Call 911 or call ahead to your local emergency facility.

COVID-19 Testing

Getting tested for SARS-CoV-2 as soon as possible is recommended for students, staff, and volunteers exhibiting COVID-19 symptoms. If any student, staff member, or volunteer receives a positive COVID-19 diagnosis, please notify The Arbor immediately.

For students, please email attendance@thearborlearningcommunity.com or call (714) 340-3433. For staff, please text Esther and Deanna.

For volunteers, please email Deanna at deanna.sabri@thearborlearningcommunity.com.

ISOLATION IN CASES OF POSITIVE COVID-19 DIAGNOSIS

Arbor students, staff, and volunteers who test positive for COVID-19 (regardless of vaccination status, previous infection or lack of symptoms) should:

- Stay home if you have COVID-19 symptoms, until you have not had a fever for 24 hours without using fever reducing medication AND other COVID-19 symptoms are mild and improving.
- Infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.
- After ending isolation (no fever without the use of fever-reducing medications and symptoms are improving), confirmed cases may remove their mask sooner than Day 10 if they have two sequential negative tests at least one day apart. If antigen test results are positive, the person may still be infectious and should continue wearing a mask and wait at least one day before taking another test.

Should home isolation be necessary, students who are feeling well are encouraged to keep up with their class via content posted on Canvas.

Becoming Symptomatic While at The Arbor

If symptoms develop while at The Arbor or if a student is not feeling well, Arbor staff will call the student's guardian or emergency contact to pick them up. Students will be isolated while waiting to be picked up. If a staff member or volunteer is not feeling well, they will be sent home.

Notification

The Arbor will email families of students who spent more than a cumulative total of 15 minutes (within a 24-hour time period) indoors in a classroom with someone diagnosed with COVID-19 during their period of infectiousness. Notification will be provided to all individuals considered exposed. Being exposed to someone with COVID-19 does not necessarily mean that your child will become infected, but does require families to follow the guidelines in Guidance for Students, Staff and Volunteers Who Were Exposed to a COVID-19 Diagnosed Individual.

GUIDANCE FOR STUDENTS, STAFF, AND VOLUNTEERS WHO WERE EXPOSED TO A COVID-19 DIAGNOSED INDIVIDUAL

Close contacts who have been determined to be exposed to an individual diagnosed with COVID-19 should follow the recommendations below:

- If the individual develops COVID-19 symptoms, they should test and mask right away.
- If the individual does not have symptoms, and are at higher risk of severe COVID-19 infection and would benefit from treatment, the individual should test within 5 days.
- If the individual does not have symptoms and has contact with people who are at higher risk for severe infection, the individual should mask indoors around such people for 10 days.

Communication Plan

The Arbor will notify the OC Health Care Agency and charters for whom we are a vendor of any COVID-19 cases on campus, as required.

Updated February 20, 2024, and subject to future local, state, and federal guidance

Primary Resources for Developing this Document

[Symptoms of COVID-19 | CDC](#) (10/26/22)

[COVID-19 Isolation Guidance \(ca.gov\)](#) (1/9/24)

[K–12 Guidance 2023–24 School Year \(ca.gov\)](#) (10/2/23)